

## **TUESDAY, OCTOBER 27, 2015**

1:00-3:00 pm	ICPH Registration and Welcome	
3:00-3:30 pm	Introduction	
3:30 pm	PLENARY OPENING SESSION	
	Bioavailability of polyphenols as an essential step to understanding efficacy. Pr. G. Willamson (University of Leeds – UK)	
	Dietary flavonoids and healthy ageing - recent advances from epidemiological and clinical research. <b>Pr. A. Cassidy</b> ( <i>University of East Anglia – UK</i> )	
	Inflammaging and epinenetic age. Pr. C. Franceschi (University of Bologne – Italy)	
5:30 pm	Dietary Modulation of brain plasticity: Implications for Mental Health. Dr. S. Thuret ( <i>King's College London – UK</i> )	
	Welcome Cocktail (City Hall of Tours)	

## WEDNESDAY, OCTOBER 28, 2015

PLENARY SESSION 2 Introductory lectures for sessions A&B           Polyphenol metabolism by the gut microbiota and nutrikinetics modeling. Pr. J. Durynhowen (University of Wageningen – Netherhands)           Polyphenols and risk of new-onset diabetes in the PREDIMED trial. Pr. R.M. Lamuela-Raventos (University of Barcelona – Spain)           Preclinical and clinical evidence for the beneficial effects of the cacao flavonols on metabolic dysregulations. Pr. I. Ramirez-Sanchez (Instituto Polytecnico Nacional – Mexico)           10:00 am         Coffee Break           10:30 am         Session A: Innovative aspects in polyphenols bioavailability and exposure assessment exposure to polyphenols-rich foods through combi- ned multi-metabolite models. Dr. R. Llorach (University of Barcelona – Spain)         Session B: Advances in polyphenols targets for obesity, metabolic syndrome and diabetes and bioactivities of polymethoxyflavones. Pr. H. Xiao (University of Massachusetts - USA)         A novel mechanism for the anti-diabetic action of green tap ophyphenols. Pr. J.A. Kim (University of Adabana - USA)           12:30 pm         Lunch           13:30 pm         Lunch           13:30 pm         Session C: Neuro-cognitive effects of polyphenols at the cutting edge sponsored by PEPSICO           Session D: Recent breakthroughs in cancer polyphenols found in berry fruit improve age asocintet changes in cognitive unction and brain inflammation	8:30 am			
Pr. J. Duynhoven (University of Wageningen - Netherlands)         Polyphenols and risk of new-onset diabetes in the PREDIMED trial.         Pr. R. M. Lamuela-Raventos (University of Barcelona - Spain)         Preclinical and clinical evidence for the beneficial effects of the cacao flavonols on metabolic dysregulations.         Pr. I. Ramirez-Sanchez (Instituto Polytecricio Nacional - Mexico)         10:00 am         Coffee Break         10:30 am         Session A: Innovative aspects in polyphenols to improving assessment of exposure to polyphenols. The food sthrough combined multi-metabolite models.         Dr. R. Llorach (University of Barcelona - Spain)         Effects of biotransformation and food matrix on the bioactivities of polymethozyflavones.         Pr. H. Xiao (University of Massachusetts - USA)         I 2:30 pm         4 selected short communications         12:30 pm         12:30 pm         12:30 pm         12:30 pm         12:30 pm         2:30 pm         Poster session         2:30 pm         Pillet to be defined.         Pr. J. Spencer (University of Reading - UK) - Lecture sponsored by PEPSICO         Epidemiological evidence on polyphenols and the risk of gastrointestinal cancers.         Dr. R. Zamora-Ros (International Agency for Research on Cancer - France)         3:30 pm       Session	0.50 am			
Pr. R. M. Lamuela-Raventos (University of Barcelona – Spain)         Preclinical and clinical evidence for the beneficial effects of the cacao flavonols on metabolic dysregulations. Pr. 1. Ramirez-Sanchez (Instituto Polytecnico Nacional – Mexico)         10:00 am       Coffee Break         10:30 am       Session A: Innovative aspects in polyphenols bioavailability and exposure assessment       Session B: Advances in polyphenols targets for obesity, metabolic syndrome and diabetes         Metabolomic approach for improving assessment of exposure to polyphenols-rich foods through combi- net multi-metabolite models. Dr. R. Llorach (University of Barcelona - Spain)       Session B: Advances in polyphenols targets for obesity, metabolic syndrome and diabetes         A novel mechanism for the anti-diabetic action of exposure to polyphenols-rich foods through combi- net multi-metabolite models. Dr. R. Llorach (University of Massachusetts - USA)       Fruit polyphenols improve type 2 diabetes and the metabolic syndrome through alleviating inflammation and modulating the gut microbiota. Pr. J. As (University of Massachusetts - USA)         12:30 pm       Lunch         12:30 pm       Lunch         12:30 pm       PLENARY SESSION 3 Introductory lectures for sessions C&D         2:30 pm       PLENARY SESSION 3 Introductory lectures for sessions C&D         3:30 pm       Session C: Neuro-cognitive effects of polyphenols in the errational Agency for Research on Cancer - France)         3:30 pm       Session C: Neuro-cognitive effects of polyphenols in humans. Pr. D. Sendit (University of Tufts - USA)				
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5:30 pm 4 selected short communications 4 selected short communications		polyphenols in humans.		
5:30-7:00 pm Refreshment and Poster session	5:30 pm	polyphenols in humans.		

## THURSDAY, OCTOBER 29, 2015

8:30 am			
	PLENARY SESSION 4		
	Introductory lectu	ires for sessions E&F	
	Dietary flavanols, endothelial homeostasis and cardiovascular health: results from FP7 FLAVIOLA project. <b>Dr. C. Heiss</b> ( <i>University of Düsseldorf - Germany</i> )		
	Beneficial effects of phenolic compounds on HDL functionality. Dr. M. Fito (Institute de investigacion medica de Barcelona - Spain)		
	Innovative targets and innovative routes in the study <b>Pr. D. Del Rio</b> ( <i>University of Parma - Italy</i> )	of dietary polyphenol putative biological activity.	
10:00 am			
	Coffe	e Break	
10:30 am	Session E: Update for properties of polyphenols in cardiovascular diseases	Session F: Innovative approaches	
	Flavonols and their metabolites in the vascular wall. <b>Pr. F. Perez-Vizcaino</b> <i>(University of Granada - Spain)</i>	Shotgun Metabolomics and lipidomics for discovery of polyphenol bioactivity. Pr. J.F. Stevens (University of Oregon State - USA)	
	Cardiovascular benefits of dietary polyphenols. Pr. K. Croft (University of Western Australia - Australia)	Novel controlled-release technologies to enhance efficacy of polyphenolics. Dr. R.C. Gupta (University of Louisville - USA)	
12:30 am	4 selected short communications	4 selected short communications	
12:30-1:30 pm	L	unch	
1:30-2:30 pm	Poste	r session	
2:30 pm	PLENARY SESSION 5 Introductory lectures for sessions G&H		
	New insights on the complex molecular mechanism Dr. D. Milenkovic (Institut National de Recherche Ag		
3:30 pm	Human gut microbiota metabolism of ellagic «acid». Interindividual variability for urolithins production is correlated with health status: cause or consequence. Dr. J.C. Espin ( <i>CEBAS-CSIC of Murcia – Spain</i> )		
3:30 pm	Session G: New insights into mechanisms of action of polyphenols	n Session H: Hot topics in polyphenols and gut microbiota interactions	
	Autophagy induction by polyphenols. Pr. Y. Kawaï (University of Nagoya - Japan)	A role for polyphenols in shaping the structure and function of the gut microbiome. <b>Pr. K.M. Tuohy</b> ( <i>Foundation Edmund Mach of Trento – Italy</i> )	
	Procyanidin-membrane interactions in the regulation of cell signaling. Pr. P. Oteiza (University of California - USA)	n Dietary modulation of gut microbial metabolome. Dr. W. Russell (Rowett Institute of Nutrition and Health - UK)	
5:30 pm	4 selected short communications	4 selected short communications	
5:30-6:30 pm	Refreshment and poster session		
7:00 pm	Gala Dinner		

## FRIDAY, OCTOBER 30, 2015

8:30 am					
	Flavan-3-ols and cardiovascular health - Journey	Cranberry Polyphenols: A Nutritional Approach			
	to dietary recommendations	to Combating Antimicrobial Resistance			
	Session hosted by Unilever with the support of ILSI North America	Session hosted by Ocean Spray			
	wan me support of 1131 North America				
	Introduction - Pr. E. Rimm (Havard - USA)	Antimicrobial Resistance and Urinary Tract			
		Infections			
	Review of current science on tea flavan-3-ols.	Speaker to be confirmed			
	Dr. P. Hollman (Wageningen University -				
	Netherlands)	Cranberry Polyphenols and Bacterial Mechanisms			
	Review of totality of the evidence for flavan-3-ols.	Speaker to be confirmed			
	Dr. J. Novotny (U.S. Department of Agriculture -	Bioactive Dietary Polyphenols and Cardiometabolic			
	USA)	Outcomes			
		Speaker to be confirmed			
	Process for achieving dietary recommendations &				
	current gaps in flavan-3-ol evidence.	Anti inflammatory/Oxidative Stress Effectiveness of			
	Dr. M. Ferruzi (Purdue University - USA)/	Phenolic Fractions			
	Dr. D. Balentine (Unilever)	Speaker to be confirmed			
	Panel of discussion moderated by Pr. E.Rimm				
10:00 am					
10:00-10:30 am	Coffe	e Break			
10:30 am					
		<b>SESSION</b>			
	Innovation and perspectives in polyphenol research: The future is now				
	The experiment in concern anidemiology Delymborols as a second with				
	The exposome in cancer epidemiology – Polyphenols as a case study. Dr. A. Scalbert (International Agency for Research on Cancer - France)				
	Polyphenols, cardiovascular disease and health claims.				
	Dr. P. Kroon (Institute of Food Research – Norwich, UK)				
	Food-gut microbiota – host crosstalk (Title to be confirmed).				
	Dr. J. Doré (Institut National de Recherche Agronomique - Jouy en Josas, France)				
	Title to be defined.				
	Dr. J. Ordovas (University of Valencia - Spain)				
12:30 am					
12:30-1:00 pm	Awards / Closing				